

The Serenity Prayer

“God, grant me the serenity
To accept the things I cannot change,
The courage to change
the things I can,
And the wisdom
to know the difference”

The AA Responsibility Pledge

”When anyone, anywhere,
Reaches out for help,
I want the hand of AA
always to be there—
And, for that, I am responsible.”

WHEN YOU
CAN'T GET
TO MEETINGS...

THE MEETING CAN
COME TO YOU

Provided as a service of :
Online Intergroup of Alcoholics
Anonymous



Alcoholics
Anonymous...



AN INTRODUCTION
TO
ONLINE AA

What is Online AA ?

Online AA is the collective term
for meetings held on the Internet,
via a computer equipped to access
this medium of communication

**"Therefore nothing can matter more to
the future welfare of AA than the
manner in which we use this colossus
of communication."**

“Bill W” *Language of the Heart* pg.320



There are many kinds of meetings—just as there are in face-to-face AA meetings (or "f2f" in the jargon of the online world).

E-mail and chat groups of members of Alcoholics Anonymous conduct Big Book meetings, discussion groups, and informal chats. It gives new meaning to the words "our meeting in print."

Some groups are very large; others are small. But it's the same sharing and concern found in AA the world over.

TO CONTACT OIAA:

<http://www.aa-intergroup.org>



WHO USES ONLINE AA?

Many AA members use the online medium to supplement their regular f2f meetings. Indeed, Online AA as a rule suggests strongly that newcomers attend regular AA meetings when possible.

There are many, however, who cannot attend regular AA meetings:

- Those with a disability such as hearing loss, or mobility impairment
- Geographically-isolated members, or those living in a foreign country
- AA members in the military or merchant navy at sea

Older AA members, shift workers, or parents with young children who find it difficult to attend meetings outside the home or at particular hours of the day.

There are those, too, who find the online AA medium provides a means of working their program when traditional meetings are not always available or accessible to them. For others, online AA provides a supplement to their face-to-face meetings.

There are also friends who wish to broaden their understanding of AA by exchanging experience, strength and hope with different groups or nationalities.